

Labor and Delivery and Post-Partum Visiting Guidelines

As of January 7, 2022, Subject to Change

Effective January 7, 2022

In accordance with the August 7, 2022 California Public Health Office Order,

No visitor will be allowed to enter the building unless they are:

1. Fully Vaccinated (1-dose of Johnson & Johnson or 2- dose Pfizer or Moderna series and two weeks have passed since final shot)
OR
2. Show California-approved documentation of a negative test.
 - PCR must be collected within 2 days before each visit and results available at time of entry.
 - Antigen: Must be collected within 1 day before each visit and results available at time of entry.
 - At Home-Tests are NOT accepted, only tests from approved testing sites
3. Prior Positive if you were positive within the last 90 days, you must provide documentation of recovery from COVID-19 and release from isolation.
4. Emergent Exception: If a support person for a labor and delivery patient cannot show proof of vaccination or negative test result, they must comply with the vaccine verification or applicable testing requirement as soon as possible and no later than 72 hours from patient arrival. Non-adherence to the State of California mandated vaccination and testing requirements after that time will result in subsequent visitation being restricted in accordance with the mandate.

For testing locations, please visit: www.covid19.ca.gov/get-tested

- **The Hospital is limiting the OB Patient to one designated support person throughout the hospital stay.**
 - The one designated support person must be the same individual throughout the hospitalization.
- **If you have a contracted professional doula, she will also be allowed, in addition to your 1 designated support person throughout your labor, delivery and recovery. Once the recovery period is over, the contracted professional doula is to leave the hospital.**
- The designated support person (and contracted professional doula if present) **MUST** wear a mask when caregivers (MD, RN, Birth Clerk, Food Service, Environmental Service, etc.,) enter the room.
- The one designated support person (and contracted professional doula if present) are allowed to leave the facility and come back in.
- Each time they return they must be screened for fever and answer the COVID questions in the Lobby or Emergency Department.
- The designated support person (and contracted professional doula if present) **MUST** stay with mom in her room and may accompany her while ambulating in the halls. Patient, designated support person (and the contracted professional doula if present) **MUST** wear mask in the halls.
- **Outpatient Testing (NST/Non-Stress Test)** – Visitor is not allowed to accompany patient.
- Waiting Rooms are closed to visitors.
- By order of the Governor of California all support persons will wear a mask when caregivers enter the room. You will be asked to leave for mask non-compliance.
- **For patients that are COVID Positive** –the visitation guidelines will be more stringent for the designated support person (and the contracted professional doula if present). Including **NO** ambulating in the halls or other parts of the hospital (example; cafeteria).